

KAI SHIN KAI SHODAN GRADING 2026

Candidates: (1) (2)

EXAMINER: _____ DATE: _____

Candidate to demonstrate the following techniques showing both IRIMI / OMOTE & TENKAN / URA variants from both LEFT and RIGHT attacks by UKE. *There shall be no repeats requested*

			ASSESSMENT	
			Candidates:	(1) (2)
Section one (Tachi-waza)				
1. Shiho Nage	from	Ai-katate-dori		☐ ☐
2. Yonkyo	from	Ai-katate-dori		☐ ☐
3. Tenchinage	from	Ai-katate-dori		☐ ☐
4. Ikkyo	from	Gyaku-katate-dori		☐ ☐
5. Yonkyo	from	Gyaku-katate-dori		☐ ☐
6. Kata Gatame	from	Gyaku-katate-dori		☐ ☐
<i>(Failure at this stage candidate(s) shall be removed from the grading.)</i>				
Section two				
7. Kote Gaeshi	from	Shomenuchi		☐ ☐
8. Ude Garami	from	Shomenuchi		☐ ☐
9. Kote Gaeshi	from	Yokomenuchi		☐ ☐
10. Gokyu	from	Yokomenuchi		☐ ☐
11. Tenchinage	from	Chudan-Tsuki		☐ ☐
12. Hiji Shime	from	Chudan-Tsuki		☐ ☐
13. Kokyunage	from	Ryote-dori		☐ ☐
14. Kata Gatame	from	Ryote-dori		☐ ☐
15. Ikkyo	from	Ryo-mune-dori		☐ ☐
16. Hiji Shime	from	Ryo-mune-dori		☐ ☐
17. Irimi Nage	from	Kata-dori Shomenuchi		☐ ☐
18. Gokyu	from	Kata-dori Shomenuchi		☐ ☐
19. Ikkyo	from	Hiji-dori		☐ ☐
20. Tenchinage	from	Hiji-dori		☐ ☐
21. Kote Gaeshi	from	Morote-dori		☐ ☐
22. Mai Otoshi	from	Morote-dori		☐ ☐
23. Hiji Shime	from	Jodan-tsuki		☐ ☐
24. Hiji Shime	from	Mune-dori		☐ ☐
25. Ikkyo	from	Mune-dori Shomenuchi		☐ ☐
26. Nikkyo	from	Mune-dori Jodan-tsuki		☐ ☐
27. Ikkyo	from	Kata-dori		☐ ☐
28. Shiho Nage	from	Kata-dori		☐ ☐
29. Kokyunage	from	Ushiro-ryote-dori		☐ ☐
30. Irimi Nage	from	Ushiro-ryote-dori		☐ ☐
31. Ikkyo	from	Ushiro-katate-dori-kubishime		☐ ☐
32. Ikkyo	from	Ushiro eri-dori		☐ ☐
33. Sokumen	from	Ushiro ryo hiji-dori		☐ ☐
34. Sankyo	from	Ushiro ryo kata-dori		☐ ☐
35. Kokyunage	from	Ushiro Katate Dori Kubishime		☐ ☐

Section two (continued)

36. Shiho Nage	from	Mune Dori Jodan Tsuki		☐	☐
37. Kokyunage	from	Ryo Kata Dori		☐	☐
38. Kokyunage	from	Ushiro Mune Dake Shime		☐	☐

Section three (Koshinage/Hanmi-handachi-waza/Suwari-waza)

39. Koshinage	from	Gyaku Katate Dori		☐	☐
40. Koshinage	from	Ryote Dori		☐	☐
41. Koshinage	from	Morote Dori		☐	☐
42. Kote Gaeshi	from	Hanmi-Handachi Ai Katate Dori		☐	☐
43. Yonkyo	from	Hanmi-Handachi Kata Dori		☐	☐
44. Kote Gaeshi	from	Hanmi-Handachi Jodan Tsuki		☐	☐
45. FREE CHOICE OF TECHNIQUE	from	Front or Side Kick		☐	☐
46. Ikkyo	from	Suwari-Waza Gyaku Katate Dori		☐	☐
47. Nikkyo	from	Suwari-Waza Yokomenuchi		☐	☐
48. Nikkyo	from	Suwari-Waza Ryote Dori		☐	☐
49. #N/A	from	#N/A		☐	☐
50. SUWARI-WAZA	Kokyu-Ho			☐	☐

51. Each panel members choice of technique

a	from
b	from
c	from
d	from

ASSESSMENT

52. Escaping from TWO ukes applying Morote dori - minimum of 3 escapes		☐	☐
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Section four (weapons taking/disarming – minimum of three techniques shown from each weapon)

53. Tanto, Bokken or Jo (chain optional)		☐	☐
54. Bokken / Jo Kata		☐	☐
55. Futari-gaeki (as spirited ninnin dori) (Compulsory for Candidate)		☐	☐

Candidate may *also* demonstrate Weapons Kumi-tachi, Kumi-jo.

EXAMINER'S DECISION

Candidate (1)..... PASS / FAIL

Candidate (2)..... PASS / FAIL

EXAMINER: (Signature)_____ Date:_____

NAME: _____ GRADE: _____ DAN

Panel President to discuss with each candidate any comments that may be considered necessary and, if possible, give reasons for failure in the presence of the candidate's Club Instructor.